

THE WORLD'S MOST UNIQUE BEAUTY MAGAZINE

NEW BEAUTY

GOOD GENES OR
**GREAT
DOCTOR?**

HOW WILL YOU
AGE?

THIS IS WHAT
55
LOOKS
LIKE!

* BREAKTHROUGHS THAT
**ERASE
YEARS**

THE NEW

WHY THE FACE SAGS

The bones in the face start to shrink as we age, causing the skin that relies upon them for support to begin to drop. "When the face looks bony, the lower lids can look baggy, causing the eyes to look older," says Dr. Eviatar. "Correcting them by adding back volume through fat transfer or lower blepharoplasty can help plump up the area," he adds. Saggy cheeks and a prominent chin can also accelerate aging. Dr. Stevens says, "The structure of the face is bone, and when it lacks prominence it descends more quickly, causing changes in the cheeks, jaw and midface that make you look older quicker."

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DAUGHTER
JOELY RICHARDSON



MOTHER
VANESSA
REDGRAVE

02 THE CHEEKS

As the bones and fat pads of the midface thin out, the cheeks start to look gaunt and hollow. Cheek implants may slow down the rate of aging but the only way to really fix the problem is with a procedure that adds back volume, which can be accomplished with either fat transfer or long-lasting injectables such as Sculptra Aesthetic or Radiesse.

03 THE CHIN AND NECK

Similar to the cheeks, the jawline begins to recede with age, which can also lead to a double chin. The neck usually becomes baggy and excess fat and skin need to be removed with a combination procedure that entails liposuction and a necklift.

INSIDE tip

According to Dr. Eviatar, it's important to take good care of your skin and use collagen-stimulating products. "You can lessen the signs of aging, especially around the eyes, with things like IPL treatments, lasers and Retin-A."